

Watchtree Nature Reserve

Great Orton, Carlisle, CA5 6NL

Location: Watchtree Cycle Trails

Title : Group adapted cycle rides	Date of Assessment : 14/06/2015	Risk Assessor : Matthew Wind
Risk Assessment Reference : RA016	People involved in making this assessment : Matthew Wind	
Task/ Process : Group cycle rides on adapted and standard cycles	People at Risk : Employees, Members of the Public, Volunteers, New and Expectant Mothers, Children & Young Persons, Visitors	

Hazard : Public or Visitor Access Multi use trails - groups are likely to encounter members of the public while riding.
Control Measures:
1. Only individuals who are booked into the session should take part in the group ride
2. Instructors/support workers are responsible for the whereabouts and well-being of all individuals in their care
3. Each instructor/support worker to carry a mobile phone and have contact numbers for other instructors in the group and the Watchtree Visitors Centre

Hazard : Road risk Some cycle trails have shared access with site vehicles
Control Measures:
1. Pedestrian and cycle tracks segregated from main vehicle routes
2. Cycle training area fenced off from main vehicle route
3. Pedestrian crossing point installed at section where pedestrian and cycle trail cross main vehicle route
4. 15mph speed limit in force across the reserve
5. During periods of heavy vehicle traffic i.e. cutting sillage/hay, spreading manure signage is displayed to inform all visitors and advise extra care.
6. During periods of heavy vehicle traffic i.e. cutting sillage/hay, spreading manure cones should be used to highlight traffic crossing areas to vehicles, pedestrians and cyclists.
7. During periods of heavy vehicle traffic i.e. cutting sillage/hay, spreading manure pedestrian and cycle trails may be closed.

Hazard : Cycle Malfunction Cycle malfunction causing personal injury
Control Measures:
1. Cycles continually maintained by Cytech Level 2 mechanic
2. Cycles given visual inspection before being put out on hire
3. Signs on cycle advising riders to call for assistance if cycle malfunction

Hazard : Cycle Control Loss of control or poor control of cycle causing personal injury
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Control Measures:

1. Watchtree staff or volunteers to select suitable cycles for each individuals needs
2. Watchtree staff or volunteers to make adjustments to the cycles to suit each individuals needs
3. Assessment of rider ability to be given before riders are allowed out onto trails - checking ability to ride, steer and brake
4. Parents, carers or guardians are responsible for the welfare of those in their care and are responsible for informing Watchtree staff or volunteers of any reason an individual should not ride a cycle i.e. epilepsy. Signage is displayed at the cycle hire center.

Hazard : Cycle accidents Falls and collision of cycle causing personal injury

Control Measures:

1. Watchtree staff or volunteers to select suitable cycles for each individuals needs
2. Watchtree staff or volunteers to make adjustments to the cycles to suit each individuals needs
3. Assessment of rider ability to be given before riders are allowed out onto trails - checking ability to ride, steer and brake
4. Parents, carers or guardians are responsible for the welfare of those in their care and are responsible for informing Watchtree staff or volunteers of any reason an individual should not ride a cycle i.e. epilepsy. Signage is displayed at the cycle hire center.
5. All riders must wear a helmet when riding a Watchtree hire cycle
6. All rider using their own cycle advised to wear a helmet
7. Groups of children or vulnerable adults will be led by a minimum of two responsible adults these may be Watchtree staff or volunteers, parents, guardians or support workers

Documents Associated with this Risk Assessment:

Review Date : 18/08/2020

Reviewer : Matthew Wind