## **Watchtree Nature Reserve**

Great Orton, Carlisle, CA5 6NL

Location: WATCHTREE NATURE RESERVE

Title: Recumbent Trike Use	Date of Assessment : 07/03/2017	Risk Assessor : Matthew Wind
Risk Assessment Reference : RA52	People involved in making this assessment : Matthew Wind	
Task/ Process: RECOMMENDED USE OF RECUMBENT TRIKES	<b>People at Risk:</b> Employees, Members of the Public, Volunteers, Service Users, Children & Young Persons, Visitors	

Hazard: Infection Cut or other injury incurred whilst on bike going untreated and leading to infection

## **Control Measures:**

1. First aid trained staff and/or volunteers on hand, with first aid kits available at the bike store, office and visitor centre to clean and treat injuries with immediate effect.

Hazard: Mechanical Fingers trapped in chain mechanisms and /or spokes of wheels whilst spinning

## **Control Measures:**

- 1. Training on proper bike usage and control to be given to all users before they embark on ride
- 2. Instruct users to request qualified assistance if a mechanical fault occurs, to prevent injury due to lack of knowledge

Hazard: Repetitive Movements Overuse of specific muscles / groups of muscles that don't often get used

**Control Measures:** 

Hazard: Uneven, Wet or Slippery Floors Injury caused by losing control of the vehicle.

**Control Measures:** 

<b>Documents Associated with this Risk Assessment:</b>
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Review Date: 31/08/2020 Reviewer: Matthew Wind

