| | | | | | |
|---|---|---|---|---|---|
| 38 | 1 | Martin | Curran | 44 | 0:19'12.01 |
| 177 | 2 | Andrew | Thompson | 36 | 0:19'26.95 |
| 72 | 3 | Jonathan | Fuggle | 41 | 0:19'31.29 |
| 115 | 4 | Benjamin | Logan | 31 | 0:19'33.19 |
| 158 | 5 | Kevin | Scott | 52 | 0:19'36.14 |
| 121 | 6 | Jack | Mcdonagh | 31 | 0:20'15.86 |
| 153 | 7 | Daniel | Robinson | 26 | 0:21'20.42 |
| 133 | 8 | Daniel | Mulgrew | 24 | 0:21'44.60 |
| 86 | 9 | Tim | Halford | 25 | 0:22'27.19 |
| 200 | 10 | Joe | Yates | 32 | 0:22'28.57 |
| 3 | 11 | Jordon | Allison | 25 | 0:22'29.46 |
| 1 | 12 | Edward | Adams | 38 | 0:22'31.89 |
| 110 | 13 | Chris | Knox | 64 | 0:22'43.52 |
| 95 | 14 | Kyle | Hillier | 34 | 0:22'58.73 |
| 98 | 15 | David | Huddart | 36 | 0:23'10.36 |
| 63 | 16 | Mike | Edgar | 37 | 0:23'15.04 |
| 21 | 17 | Chris | Blain | 54 | 0:23'25.20 |
| 186 | 18 | Peter | Wayman | 13 | 0:23'50.11 |
| 30 | 19 | Ann | Butler | 51 | 0:23'53.02 |
| 26 | 20 | John | Brough | 36 | 0:23'59.13 |
| 154 | 21 | Rebecca | Robinson | 24 | 0:24'01.04 |
| 75 | 22 | James | Gorman | 38 | 0:24'15.60 |
| 90 | 23 | Sophie | Harrison | 13 | 0:24'27.60 |
| 167 | 24 | Elaine | Stockdale | 36 | 0:24'31.71 |
| 41 | 25 | Amanda | Davis | 32 | 0:24'34.16 |
| 123 | 26 | S | McGinn | 51 | 0:24'42.54 |
| 42 | 27 | Carl | Deane | 55 | 0:24'46.32 |
| 50 | 28 | Sophie | Dobson | 29 | 0:24'57.16 |

| | | | | | |
|---|---|---|---|---|---|
| 136 | 29 | Caitlin | Nordon | 17 | 0:25'00.11 |
| 184 | 30 | Steve | Viney | 75 | 0:25'51.66 |
| 199 | 31 | Sue | Wright | 56 | 0:25'53.98 |
| 9 | 32 | Andrew | Barnes | 38 | 0:25'58.16 |
| 5 | 33 | Alan | Asbridge | 64 | 0:26'06.83 |
| 106 | 34 | susan | jackson | 45 | 0:26'08.30 |
| 11 | 35 | Helen | Baxter | 54 | 0:26'19.43 |
| 122 | 36 | Ken | McGarva | 62 | 0:26'20.30 |
| 187 | 37 | John | Wayman | 56 | 0:26'21.61 |
| 46 | 38 | Paul | Dixon | 64 | 0:26'22.57 |
| 157 | 39 | Stefan | Sabuda | 46 | 0:26'38.52 |
| 68 | 40 | Donna | Fergusson | 39 | 0:26'41.23 |
| 185 | 41 | Joanne | Walsh | 40 | 0:26'43.67 |
| 83 | 42 | Ashleigh | Graham | 34 | 0:26'49.04 |
| 88 | 43 | Carol | Harrison | 45 | 0:26'49.62 |
| 52 | 44 | Ian | Robinson | 65 | 0:26'53.57 |
| 126 | 45 | Ian | Mercer | 61 | 0:26'57.26 |
| 60 | 46 | Chris | Dyer | 36 | 0:27'00.03 |
| 146 | 47 | Kim | Ramshaw | 54 | 0:27'03.49 |
| 140 | 48 | Sandra | Parry | 63 | 0:27'04.02 |
| 196 | 49 | Rachel | Woolley | 42 | 0:27'05.44 |
| 151 | 50 | Alan | Roberts | 52 | 0:27'08.29 |
| 8 | 51 | Pauline | Ballantyne | 61 | 0:27'13.23 |
| 19 | 52 | Natalie | Bingham | 35 | 0:27'18.43 |
| 144 | 53 | mark | plimmer | 51 | 0:27'21.98 |
| 117 | 54 | Denise | Maxwell | 56 | 0:27'30.10 |
| 148 | 55 | Russell | Reid | 65 | 0:27'39.25 |
| 53 | 56 | Lauren | Douglas | 40 | 0:28'10.16 |

| | | | | | |
|---|---|---|---|---|---|
| 139 | 57 | Andrew | Northmore | 51 | 0:28'13.79 |
| 29 | 58 | John | Budworth | 37 | 0:28'18.08 |
| 89 | 59 | Caitlin | Harrison | 19 | 0:28'18.64 |
| 161 | 60 | Emily | Smith | 24 | 0:28'19.14 |
| 84 | 61 | Dawn | Gray | 51 | 0:28'19.57 |
| 7 | 62 | Carole | Baker | 51 | 0:28'20.10 |
| 6 | 63 | Orla | Bailie-Blacke | 39 | 0:28'33.23 |
| 96 | 64 | Rachel | Hogarth | 43 | 0:28'40.92 |
| 15 | 65 | Wendy | Beesley | 55 | 0:28'42.02 |
| 93 | 66 | Lorna | Hill | 25 | 0:28'50.29 |
| 160 | 67 | Angela | Slack | 45 | 0:28'51.61 |
| 91 | 68 | Chloe | Hartley | 32 | 0:28'55.51 |
| 57 | 69 | Abi | Drago | 46 | 0:28'57.86 |
| 118 | 70 | Karen | McAllister | 50 | 0:28'59.12 |
| 108 | 71 | Karen | Jones | 60 | 0:29'01.87 |
| 169 | 72 | Pamela | Storey | 49 | 0:29'10.73 |
| 27 | 73 | Annette | Brown | 46 | 0:29'11.33 |
| 12 | 74 | Chris | Baxter | 57 | 0:29'20.34 |
| 71 | 75 | Sarah | Foster | 43 | 0:29'27.06 |
| 43 | 76 | Charlotte | Deane | 58 | 0:29'29.14 |
| 4 | 77 | Harriet | Asbridge | 24 | 0:29'40.86 |
| 24 | 78 | Katey | Bowe | 42 | 0:29'45.40 |
| 129 | 79 | Ray | Milburn | 59 | 0:29'48.76 |
| 92 | 80 | Clare | Hawkins | 56 | 0:29'54.42 |
| 51 | 81 | Steven | Dobson | 48 | 0:30'00.66 |
| 145 | 82 | Harry | Powell | 25 | 0:30'02.74 |
| 87 | 83 | Toni | Hall | 54 | 0:30'04.61 |
| 40 | 84 | Lynne | Davidson | 45 | 0:30'07.13 |

| | | | | | |
|---|---|---|---|---|---|
| 159 | 85 | Fiona | Sealby | 61 | 0:30'10.73 |
| 37 | 86 | Angela | Crozier | 44 | 0:30'11.36 |
| 103 | 87 | Louise | Irving | 38 | 0:30'12.23 |
| 116 | 89 | Douglas | Macdonald | 68 | 0:30'13.06 |
| 165 | 90 | Rachael | Stevenson | 28 | 0:30'31.84 |
| 78 | 91 | Beckie | Graham | 37 | 0:30'33.96 |
| 79 | 92 | Johnny | Graham | 38 | 0:30'34.73 |
| 85 | 93 | Sarah | Grundy | 5q | 0:30'39.70 |
| 17 | 94 | Jackie | Bennett | 48 | 0:30'40.35 |
| 49 | 95 | Claire | Heggie | 38 | 0:30'41.17 |
| 2 | 96 | Gillian | Allan | 51 | 0:30'41.92 |
| 192 | 97 | Leanne | Wilkinson | 37 | 0:30'49.88 |
| 137 | 98 | Emma | Nordon | 15 | 0:30'57.56 |
| 39 | 99 | Lisa | Curran | 49 | 0:31'00.85 |
| 109 | 100 | Brian | Kerr | 55 | 0:31'03.13 |
| 105 | 101 | Kev | Iveson | 44 | 0:31'04.89 |
| 104 | 102 | Niki | Iveson | 44 | 0:31'06.10 |
| 188 | 103 | Ian | Whitaker | 57 | 0:31'21.60 |
| 170 | 104 | Hannah | Story | 29 | 0:31'24.37 |
| 36 | 105 | Edward | Crozier | 48 | 0:31'31.39 |
| 120 | 106 | Beth | McDermott | 29 | 0:31'35.23 |
| 47 | 107 | Deanna | Dobson | 29 | 0:31'36.02 |
| 58 | 108 | Michelle | Duncan | 42 | 0:31'37.01 |
| 162 | 109 | Sienna | Southward | 15 | 0:31'39.71 |
| 18 | 110 | Harvey | Twigg | 41 | 0:31'40.74 |
| 28 | 111 | Linda | Brown | 49 | 0:31'42.07 |
| 180 | 112 | Jacqueline | Tye | 56 | 0:31'43.65 |
| 44 | 113 | Mariya | Dimitrova | 26 | 0:31'44.70 |

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|---|---|---|---|---|---|
| 164 | 114 | Jill | Stanford | 60 | 0:31'56.85 |
| 175 | 115 | Paul | Teague | 58 | 0:31'57.96 |
| 156 | 116 | Laura | Rudd | 38 | 0:32'03.10 |
| 102 | 117 | Quinn | Inglis | 24 | 0:32'10.42 |
| 195 | 118 | Julie | Wilson | 46 | 0:32'12.44 |
| 94 | 119 | Carrie | Hill | 25 | 0:32'13.42 |
| 20 | 120 | Benson | Blackmore | 63 | 0:32'14.60 |
| 171 | 121 | Nichola | Stubbs | 53 | 0:32'16.04 |
| 141 | 122 | Callum | Pattinson | 17 | 0:32'27.98 |
| 155 | 123 | Joanne | Rooney | 55 | 0:32'31.54 |
| 181 | 124 | Heidi | Underwood | 36 | 0:32'42.79 |
| 112 | 125 | Amy | Lambert | 38 | 0:32'43.87 |
| 163 | 126 | Savannah | Southward | 21 | 0:32'47.26 |
| 48 | 127 | Helen | Dobson | 27 | 0:32'48.24 |
| 198 | 128 | Mick | Worthington | 56 | 0:32'57.32 |
| 127 | 129 | Amanda | Mercer | 36 | 0:33'00.16 |
| 132 | 130 | Lisa | Muir | 42 | 0:33'07.70 |
| DA | 131 | Hannah | Allen | | 0:33'09.63 |
| DA | 132 | Emily | Allen | | 0:33'10.24 |
| DA | 133 | Alison | Allen | | 0:33'10.98 |
| 33 | 134 | Jade | Clifford | 22 | 0:33'43.11 |
| 31 | 135 | Melissa | Cairns | 32 | 0:33'45.08 |
| 82 | 136 | Kiera | Graham | 20 | 0:33'45.80 |
| 67 | 137 | Zoe | Ferguson | 63 | 0:33'48.90 |
| 190 | 138 | Marie | Whitfield | 36 | 0:33'49.96 |
| 193 | 139 | Hayley | Wilkinson | 37 | 0:33'52.92 |
| 59 | 140 | Lesley | Duncanson | 34 | 0:33'58.07 |
| 178 | 141 | Clare | Threadgould | 45 | 0:34'10.84 |

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|---|---|---|---|---|---|
| 66 | 142 | Nina | Errington | 46 | 0:34'14.25 |
| 173 | 143 | Mikey | Stubbs | 15 | 0:34'17.32 |
| 45 | 144 | Nicola | Dixon | 44 | 0:34'47.40 |
| 69 | 145 | Suzanne | Forster | 53 | 0:34'57.48 |
| 130 | 146 | Jacquie | Molyneux | 70 | 0:34'59.11 |
| 189 | 147 | Sharon | Whitehead | 62 | 0:35'01.22 |
| 191 | 148 | Julie | Whitfield | 35 | 0:35'03.27 |
| 65 | 149 | Millie | Entwistle | 21 | 0:35'04.67 |
| 80 | 150 | Megan | Graham | 29 | 0:35'18.88 |
| 119 | 151 | Rosie | McDairmant | 32 | 0:35'27.57 |
| 166 | 152 | Hilary | Stitt | 47 | 0:35'28.36 |
| 22 | 153 | Abbie | Blythe | 29 | 0:35'44.22 |
| 142 | 154 | Tina | Phillips | 52 | 0:35'46.58 |
| 114 | 155 | Izzy | Le Voi | 6 | 0:35'58.83 |
| 113 | 156 | Naomi | Le Voi | 34 | 0:35'59.36 |
| 23 | 157 | Clive | Bontoft | 64 | 0:36'00.07 |
| 149 | 158 | Zoe | Richardson | 48 | 0:36'09.01 |
| 179 | 159 | Lynne | Twigg | 47 | 0:36'12.16 |
| 64 | 160 | Philip | Emmerson | 27 | 0:36'18.42 |
| 56 | 161 | Melanie | Dowdell | 52 | 0:36'27.64 |
| 135 | 162 | Janice | Nichols | 65 | 0:36'35.60 |
| 32 | 163 | Heather | Catherwood | 29 | 0:36'41.27 |
| 81 | 164 | Keren | Graham | 52 | 0:37'05.30 |
| 128 | 165 | Liz | Milburn | 56 | 0:37'06.08 |
| 138 | 166 | Yvonne | Nordon | 42 | 0:37'29.48 |
| 111 | 167 | Janet | Lamb | 62 | 0:37'59.01 |
| 172 | 168 | Faye | Stubbs | 37 | 0:37'59.82 |
| 107 | 169 | Erica | Jackson | 46 | 0:38'15.24 |

| 150 | 170 | Ruby | Riddick | 15 | 0:38'41.06 |
|---|---|---|---|---|---|
| 134 | 171 | Michelle | neaves | 46 | 0:42'25.70 |
| 125 | 172 | Alice | Mclaughlin | 23 | 0:42'34.08 |
| 35 | 173 | Jill | Cooke | 55 | 0:42'34.89 |
| 176 | 174 | Joanne | Thomlinson | 52 | 0:42'54.26 |
| 16 | 175 | Jill | bell | 54 | 0:42'55.82 |
| 73 | 176 | Jean-Ann | Gate | 49 | 0:47'37.81 |
| 25 | 177 | Lucie | Boyd | 47 | 0:48'14.96 |
| 54 | 178 | Bethany | Dowdell | 27 | 0:50'43.04 |
| 55 | 179 | Matthew | Dowdell | 51 | 0:50'44.23 |
| DA | 180 | Sarah | Graves | | 0:50'54.61 |
| DA | 181 | Gail | Rajjayabun | | 0:50'56.13 |
| 143 | 182 | Sandra | Physick | 69 | 0:53'27.95 |
| 10 | 183 | Jayne | Bateman | 52 | 0:58'13.48 |
| 124 | 184 | Claire | McGregor | 38 | 0:58'48.16 |
| Bib Number | position | First Name | Last Name | Age | Time |